

## STORY 3

### WILMA RUDOLPH

#### 1. Listen and read.



Wilma Rudolph was born on June 23, 1940 in Saint Bethlehem, Tennessee. She was the 20th of 22 children in the loving and caring family. At the age of five her leg was paralyzed and she was seriously ill. The doctors said she would never walk again but Wilma Rudolph

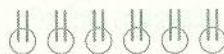
became an Olympics Champion in **track and field**.

At home, Wilma did exercises every day. She felt lonely and sad. Her leg often **ached**, but the **pain** wasn't as bad as watching her brothers and sisters go to school without her. She was **determined** to get stronger, so she started wearing a heavy **steel brace**. The brace **meant** she could walk and that meant she could finally go to school.

After several years of **treatment**, Wilma once again surprised everyone by **taking off** the brace and walking by herself. She had been practicing hard because her **goal** was to be able to run, jump, and play games like everyone else one day. And that's exactly what she did.

Wilma loved playing basketball and running track and field. When she was 14, the women's **coach** from Tennessee State University saw Wilma when she was taking part in the competition. He told Wilma, that she could become an **outstanding** runner.

Wilma took part in the 1956 Summer Olympics in Melbourne, Australia. At 16, she was the youngest member of the track-and-field team. She won



**track and field**  
легка атлетика

**ache**  
боліти

**pain**  
біль

**determined**  
рішучий

**steel brace**  
сталевий  
корсаж (пояс)

**mean (meant, meant)**  
значити

**treatment**  
лікування

**take off**  
знямати

**goal**  
мета

**coach**  
тренер

**outstanding**  
видатний



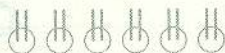
bronze in the 400-meter **relay**. Four years later, she entered the 1960 Olympics, in Rome, Italy. Wilma became the first American woman to win three gold medals in one Olympics. These Games were **broadcast** on TV in North America, making Wilma a worldwide sensation. People said she was the fastest woman in the world.

When Rudolph left athletics, she became a teacher and worked with children with **disabilities**. Rudolph also helped to start a **fund** to help young athletes **achieve** their dreams. Now her name is in the National **Women's Hall of Fame**.

Wilma Rudolph **inspires** athletes and people all over the world. Wilma Rudolph's tale will live on in sports history to show others that anything is possible if you are determined, hard-working, if you can **overcome obstacles** and never **give up**.

When the sun is shining I can do anything; **no mountain is too high, no trouble too difficult to overcome.**

— Wilma Rudolph



**relay**

естафета

**broadcast**  
(**broadcast**,  
**broadcast**)

транслявати

**disability**

інвалідність

**fund**

фонд

**achieve**

досягати

**National**  
**Women's Hall**  
**of Fame**

Національний  
жіночий зал  
слави

**inspire**

надихати

**overcome**  
(**overcame**,  
**overcome**)

долати

**obstacle**

перешкода

**give up**

здаватися